

# NAVIGATING ADULT SERVICES IN NEW YORK STATE

	ACCES-VR	OPWDD	OMH	College Disability Services
<b>Contact Information</b>	<b>Adult Career and Continuing Education Services – Vocational Rehabilitation</b>	<b>Office for People with Developmental Disabilities</b>	<b>Office of Mental Health</b>	Specific information found on individual college websites
	aces.nysed.gov/vr	opwdd.ny.gov	omh.ny.gov	For students with intellectual disabilities, specialized programming and access information: thinkcollege.net
	<i>Local: Rochester District Office - 800-462-0178</i>	<i>Local: Finger Lakes Office- (585) 241-5700</i>	<i>Local: Western New York Field Office- (716) 533-4075</i>	
<b>Target Population</b>	A youth or adult with a documented permanent disability that impacts their ability to seek, secure and maintain employment	Children and adults with a documented permanent developmental disability onset before 22	Children and adults with a documented mental health diagnosis (DSM-V)	College students who have a documented disability that requires the need for accommodations to ensure equal access to education
<b>Eligibility Requirements</b>	<ul style="list-style-type: none"> <li>• Physical or mental impairment</li> <li>• Impairment impedes employment</li> <li>• Ability to benefit from services</li> <li>• Services are necessary to overcome employment barriers</li> </ul> <p><small>(EXCEPTION: Individuals who are legally blind are eligible for VR services through the Commission for the Blind and Visually Handicapped.)</small></p>	Documented Developmental Disability (prior to age 22) <ul style="list-style-type: none"> <li>• Intellectual Disability</li> <li>• Autism Spectrum Disorder</li> <li>• Cerebral Palsy</li> <li>• Epilepsy</li> <li>• Neurological Impairment</li> <li>• Closely related conditions that limit intellectual functioning</li> </ul>	<b>Children (before 18):</b> <ol style="list-style-type: none"> <li>1. Severity of Problem Presentation</li> <li>2. Immediate need based on following dimensions: Psychosis, ADHD/Impulse Control, Depression/Anxiety, Oppositional Behavior, Anti-Social Behavior, Trauma</li> <li>3. Persistent home and school problems (2yrs)               <ul style="list-style-type: none"> <li>• Risk Behaviors</li> <li>• Care giver strengths/needs</li> </ul> </li> </ol> <b>Adults (over 18):</b> <ul style="list-style-type: none"> <li>• Diagnosed SPMI (Severely and Persistently Mentally Ill) by a licensed mental health professional</li> </ul>	<ol style="list-style-type: none"> <li>1. Self-Declare Disability</li> <li>2. Documentation of Disability, that may include:           <ul style="list-style-type: none"> <li>• a diagnosis of your current disability</li> <li>• the date of the diagnosis</li> <li>• how the diagnosis was reached</li> <li>• the credentials of the professional</li> <li>• how your disability affects a major life activity</li> <li>• and how the disability affects your academic performance</li> </ul> </li> </ol>

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<b>Services</b>	<ul style="list-style-type: none"> <li>• Vocational Counseling and Guidance</li> <li>• Assessments and Evaluations</li> <li>• Vocational Education (e.g., college or technical/business school)</li> <li>• Job Placement Services</li> <li>• Job Skills Training</li> <li>• Work Readiness</li> <li>• Supported Employment</li> <li>• Work related books, tools, licenses, and rehab technology</li> <li>• Referral to outside agencies for additional supports</li> <li>• Benefits advisement</li> </ul>	<ul style="list-style-type: none"> <li>• Care Coordination</li> <li>• Parent Advocacy Training</li> <li>• Self-Determination</li> <li>• Family Supports Services and Financial Services (respite, training, recreational activities)</li> <li>• Environmental Modifications (adaptive equipment)</li> <li>• Healthcare (Medicaid)</li> <li>• Community Support Services (in-home support, respite)</li> <li>• Day Programs (self-help, socialization)</li> <li>• Residential Support</li> <li>• Supported Employment</li> <li>• Pre-Vocational Training</li> <li>• Pathways to Employment</li> </ul>	<p>Children and Adult Services:</p> <ul style="list-style-type: none"> <li>• Clinic Treatment</li> <li>• Day Treatment</li> <li>• Family Support Services</li> <li>• Functional Family Therapy</li> <li>• Home and Community-Based Services Waiver</li> <li>• Intensive Case Management(Medicaid)</li> <li>• School-Based Mental Health Services</li> <li>• Single Point of Access</li> <li>• Supportive Case Management</li> <li>• Benefits advisement</li> </ul>	<p>Possible Accommodation Examples:</p> <ul style="list-style-type: none"> <li>• Note taker</li> <li>• Enlarged print material</li> <li>• Extra time/tests</li> <li>• Audio record classes</li> <li>• Textbooks on tape</li> <li>• Computer voice input/output</li> <li>• Alternate test locations</li> <li>• Test/ assignments in electronic format</li> <li>• Interpreter</li> </ul>
<b>Access</b>	<ul style="list-style-type: none"> <li>• Complete signed application</li> <li>• Documentation of disability</li> <li>• Meet eligibility requirements</li> <li>• Availability to participate in assessment and training process</li> <li>• Comply with requests of VR counselor</li> </ul>	<ul style="list-style-type: none"> <li>• Contact OPWDD regional office</li> <li>• Parent or Guardian attends a Front Door session</li> <li>• Complete admission packet and submit to local Developmental Disabilities Regional Office (DDRO)</li> <li>• Documentation of a developmental disability (medical record, psychological assessment, adaptive behavior scale)</li> <li>• Local Care Coordination agencies can support in eligibility process</li> </ul>	<p>Application to County Department of Mental Health</p>	<p>Self-declare disability at the Office of Disabilities Services at the college</p>

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<p><b>Cost</b></p>	<ul style="list-style-type: none"> <li>• No cost to determine eligibility</li> <li>• Sponsorship in some services may be based on income and/or family resources</li> </ul>	<ul style="list-style-type: none"> <li>• Services available through Medicaid</li> </ul>	<ul style="list-style-type: none"> <li>• Services available through Medicaid</li> </ul>	<ul style="list-style-type: none"> <li>• No cost (although College Tuition and Admission Fees still apply)</li> </ul>
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## Additional Services:

	ILC	OCFS	DOL	DOH	NYSCB
<p><b>Contact Information</b></p>	<p><b>Independent Living Centers</b></p>	<p><b>NYS Office of Children &amp; Family Services</b></p>	<p><b>Department of Labor</b></p>	<p><b>Department of Health</b></p>	<p><b>NYS Commission for the Blind</b></p>
<p><b>Target Population</b></p>	<p>Individuals with disabilities and their family</p>	<p>OCFS provides services for children, families, and communities. Specific transition related services include Foster Care and Juvenile Justice.</p>	<p>Youth and adults looking for employment</p>	<p>Anyone with a health-related concern</p>	<p>New York State residents who are legally blind</p>
<p><b>Eligibility Requirements</b></p>	<p>All disabilities: check with local provider regarding documentation requirements</p>	<p>Specific for each individual service</p>	<p>Universal access</p>	<p>Services are available based on an individual's disability or medical concern</p>	<p>Visual acuity of 20/200 or less in the better or stronger eye with best correction, or a restricted field of vision of 20 degrees or less in the better or stronger eye</p>
<p><b>Services</b></p>	<ul style="list-style-type: none"> <li>• Peer Counseling</li> <li>• Independent Living Skills Training</li> <li>• Information and Referral Services</li> </ul>	<p>Adolescent Services for Teens in Foster Care:</p> <ul style="list-style-type: none"> <li>• Transition Planning</li> <li>• Independent Living Skills Training</li> </ul>	<ul style="list-style-type: none"> <li>• Unemployment Benefits</li> <li>• Career Services finding a job</li> <li>• Planning your career</li> </ul>	<ul style="list-style-type: none"> <li>• STD Clinic</li> <li>• Obesity prevention</li> <li>• Eating disorders</li> <li>• Substance abuse prevention</li> </ul>	<ul style="list-style-type: none"> <li>• Rehabilitation teaching</li> <li>• Orientation and Mobility</li> </ul>

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	<ul style="list-style-type: none"> <li>• Individual and Systems Advocacy</li> </ul>	<ul style="list-style-type: none"> <li>• Education &amp; Training Voucher</li> <li>• Leadership Group (Youth in Progress)</li> <li>• Juvenile Justice</li> <li>• Community Multi-Services Office</li> <li>• Case Management</li> <li>• Evidence-Based Community Initiative</li> <li>• Community-Based Programs</li> <li>• Youth in Transition</li> <li>• Vocational Training</li> </ul>	<ul style="list-style-type: none"> <li>• One-Stop Services</li> <li>• Worker Protection</li> </ul>	<ul style="list-style-type: none"> <li>• Pregnancy planning</li> <li>• Traumatic Brain Injury</li> </ul>	<ul style="list-style-type: none"> <li>• Low Vision Exams and Devices</li> <li>• Adaptive Equipment for the Home</li> <li>• Social Caseworker Services</li> <li>• Summer Youth Employment and/or Work Experiences</li> </ul>
<b>Access</b>	Contact your local ILC for a center near you.	Contact specific programs directly for more information	Services available online. Register at local Career Center	Health.ny.gov	Contact local district office. Referrals can be initiated by school, doctor, private agency or other community health or social services organizations.
<b>Cost</b>	No cost	No cost	No cost	No cost	No cost