



September 2019

Contributors

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Staff Advisor:
Mr. Burns



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Labor Day No School	3 Superintendent's Conference Day No School	4 A-Day Breakfast: Beef Sausage Sandwich Lunch: Chicken Sandwich Turkey Ham Wrap First Day of School	5 B-Day Breakfast: Breakfast Pizza Lunch: Chicken Sandwich Sub School Activities: JV Football Girls JV Volleyball	6 C-Day Breakfast: Cinnamon Round Lunch: Fajita Buffalo Chicken Sandwich	7 School Activities: V Football
8	9 D-Day Breakfast: Cinnabar Lunch: Popcorn Chicken Buffalo Chicken Wrap School Activities: Boys V Soccer Girls JV & V Volleyball	10 A-Day Breakfast: Grape Filled Crescent Roll Lunch: Stuffed Cheese Sticks Turkey Sandwich School Activities: Girls JV & V Volleyball	11 B-Day Breakfast: Egg & Cheese Sandwich Lunch: Chicken Flatbread Sandwich Sub School Activities: Girls V Tennis Boys V Soccer	12 C-Day Breakfast: Pancakes Lunch: Chicken Chili Southwest Chicken Wrap School Activities: Boys V Soccer Girls JV & V Volleyball	13 D-Day Breakfast: Cherry Vanilla Yogurt/ Graham Lunch: Pizza Buffalo Chicken Pizza School Activities: Girls V Tennis	14 School Activities: ACT Test V Football
15	16 A-Day Breakfast: Apple Bar Lunch: Sub Chicken Nuggets School Activities: Boys V Soccer Girls JV & V Volleyball Girls V Tennis	17 B-Day Breakfast: Cherry Frudel Lunch: Pizza Crunchers Garden Salad School Activities: JV Football Girls V Tennis	18 C-Day Breakfast: Beef Sausage Sandwich Lunch: Grilled Chicken Wrap Meatball Sub School Activities: Boys V Soccer Girls JV & V Volleyball	19 D-Day Breakfast: Cheese Stuffed Sandwich Lunch: Egg & Cheese Panini Italian Vegetable Salad School Activities: Girls JV & V Volleyball Girls V Tennis	20 A-Day Breakfast: Cinnamon Breakfast Round Lunch: Pizza Mexican Pizza School Activities: Boys V Soccer V Football	21 School Activities: JV Football
22	23 B-Day Breakfast: Apple Benefit Bar Lunch: Garden Salad Popcorn Chicken School Activities: Boys V Soccer	24 C-Day Breakfast: Cherry Frudel Lunch: Gordita Wrap Turkey Sandwich School Activities: Girls V Tennis	25 D-Day Breakfast: Beef Sausage Sandwich Lunch: Cheese Calzone Sub School Activities: Boys V Soccer Girls JV & V Volleyball Girls V Tennis	26 A-Day Breakfast: Cheese Breakfast Sandwich Lunch: Hamburger Egg Salad Sandwich School Activities: JV Football Girls V Volleyball	27 B-Day Breakfast: Cherry Vanilla Yogurt/ Graham Lunch: Pizza BBQ Chicken Pizza School Activities: Girls JV & V Volleyball Girls V Tennis	28 School Activities: V Football
29	30 C-Day Breakfast: Assorted Cereal Lunch: Soybutter & Jelly Sandwich School Activities: Boys V Soccer Girls JV & V Volleyball Girls V Tennis					



Friendly Fire

September 6, 2019



Cadeeja Tanksley
Wildcat Times
Correspondent

In the summer of his ninth grade year, fourteen-year-old Mr. Sicienski went to a water war party with all intentions of standing out and having a good time.

He unknowingly caused a huge sticky mess with a floury slime mixture by adding a surprise to his dozens of water balloons

Usually, Mr. Sicienski was a shy and kind of nerdy kid. He was excited to finally be accepted by the cooler kids and attend a party.

Wanting to stand out and fit in with the cooler kids, Sicienski decided to fill up numerous water balloons with a slime mixture.

During the water war, he noticed that the balloons he had filled hardened and ended up becoming like glue. People everywhere had their shirts stuck to their bodies and their hair stuck to their necks with the sticky substance.

Sicienski's rivals were very upset.

During the water balloon war, Sicienski had gained a foe. His enemy continuously threw water balloons at him the whole night.

Mr. Sicienski was a little reluctant to retaliate because his rival was very popular and he didn't want to cause more negative attention to himself.

But Mr. Sicienski decided to use his very last water balloon and pelt him. He worked up the courage and hid out for a few minutes.

His rival was talking to another girl and Mr. Sicienski decided to make a move.

He tried his hardest to decide the best moment to throw the water balloon, but didn't quite choose correctly.

His target moved one small centimeter and he ended up hitting the girl he was talking to.

The force from the water balloon was so strong that her glasses broke.

Today Mr. Sicienski recalls the day with a laugh but is very remorseful for hitting the girl.

But he is happy that he chose that situation to stand out.

He treasures that memory also because it was one of the last moments he spent with his best friend before he died of leukemia a year and a half later.



Women Making History

September 6, 2019



Filicia Sinclair
Wildcat Times
Correspondent

When not teaching history, or encouraging her students, our IB History teacher Mrs. Tobin finds herself loving the outdoors and soccer.

Tobin says she loves the outdoors, travelling and finds herself enjoying activities like hiking and will be taking her family cross country in the summer.

But as an avid athlete, having played soccer and basketball throughout her life, Tobin now goes to coaching others.

Tobin played on an all American soccer team at the University at Rochester, and started to coach at college level at West Virginia Wesleyan and Roberts Morris College, before realizing she wanted to work with young people.

Because of her passion for fitness, she decided to coach Penfield varsity soccer and her daughter's lacrosse and softball teams.

The mother of three says that, "being athletic is very important to me because there is a lot of men coaches and it is important for a woman to teach young girls to help them grow."

Despite being one of the only women coaches, Tobin adds, "Being a woman coach, I am teaching my kids to be strong independent women."

While Tobin enjoys her life and family, she thinks she is a good juggler. She says that juggling is her hidden talent but she is not as good as a circus juggler.

But how does Tobin manage all that time? Tobin says she tries to be in bed by nine so she could get good sleep and start the next day feeling fresh to teach history.



Ms. Rice's Inspiration

September 6, 2019



Tatiana Colon
Wildcat Times
Correspondent

This year at Wilson, there are over 90 students that have come from different places from around the world, such as Africa, the Middle East, Latin America, Europe, and many other places, that have come to the United States for many reasons—some come by choice but, for others, it was a necessity.

The students often times have to come as a refugee to gain better lives. Their homes were bombed, their families murdered, wars in their backyard, and, to feel safe, their families fled (or sometimes just sent their children) to safer country.

Other students come over as immigrants. Many of these students feel that they will have more opportunities in the United States and want better things for themselves.

Some of the student's lives are very difficult before immigrating to America. One student in particular was more than willing to let Ms. Rice, one of Wilson's English for Speakers of Other Languages (or ESOL) teachers, tell his story. This Young Man's name is Geoffrey.

Geoffrey had to come to America after he was kicked out of his home in Honduras for defending his mother from her abusive partner. This had led him to spend his middle school years in a homeless shelter.

Shortly after, he decided that he wanted a better life for himself and came to United States. He came here through the Mexican border spending days traveling on the top of trains, walking through the dessert, and braving a deadly river.

Once he entered the United States, Geoffrey turned himself into immigration. From there, he was put in the "Ice Box." According to Rice, "They put minors in the "Ice Box," they call it the "Ice Box" because people say it's a freezing room, until a background check is made to make sure they aren't dangerous." Once everything checks out with a minor, immigration place them in foster care.

Once placed, Geoffrey took a test called NYSITELL—a test designed to judge him on his English. Based on the score, Geoffrey was placed into ESOL at school.

ESOL is a class/program that helps non-native speakers learn English. Rice describes her ESOL class as, "a class that the kids depend on for support. It's not one of those classes you stay in for a year and say bye—kids take it throughout all four years of high school."

ESOL does a lot to help the students. Geoffrey came into America with only a second grade education in Honduras and, this past August, graduated from Wilson. Stories like these show the strength and perseverance and can easily inspire others.

Rice says, "The ESOL kids are my Heroes." And it's easy to see why.



Life of the Party

September 6, 2019



Aryca Corprew
Wildcat Times
Correspondent

Many people have talents that they choose to hide it or are reluctant to express.

Ronald Johnson, School Safety Officer here at Wilson, is a DJ—a talent he chooses to share that with us every now and then.

A disc jockey, or DJ, is someone who introduces and plays recorded popular music—particularly on the radio or at a disco (party).

Johnson has DJed for our school prom, talent show, black history month assembly, and even parties upon requests by students.

As a kid, Johnson was always drawn to music. He was involved in two AM radio shows. One show radio show was constructed from home and the other was from Rush Henrietta where he attended school.

Johnson was a professional singer for about five years in a group called Pure Bliss. They were the top singing group on the East Coast and the #1 group out of Rochester.

His love for music, as-well-as his travels throughout the country, prompted Johnson to become a DJ.

Once his hobby, Johnson has been a professional DJ since 1998. The name of his business is *Titan Sounds*, where he is the only black contractor in the city, and has a contract with the City of Rochester.

Johnson describes his job as, "...a way to make people feel good. And it makes me feel good. I like to see people having fun and dancing."

Johnson goes by the name Infamous DJ Red Rum and is usually contacted through Facebook, Twitter, Instagram, and/or via phone.

Over 5,000 pictures are posted to his accounts because he is the most used DJ out of any other service in Rochester. His clientele varies since he does all sorts of parties.

He has three-to-four gigs a week on top of working as a security guard at Wilson Magnet.

His favorite words are "I don't want to brag" but he has had great opportunities come his way. He's made mixes for celebrities and even received offers to be their DJ.

Johnson has made a great career for himself out of a dream he had as a kid.



The Astonishing Nurse Gena Smith



Deandre Floyd
Wildcat Times
Correspondent

September 6, 2019

Gena Smith is an exciting person who likes to stay in shape, help kids in school, and loves to spend time with her family.

An avid athlete, Smith played soccer, softball, and ran track in high school. Because of her passion for physical fitness, Nursing wasn't her first option as a career, she wanted to join the Navy. But, after becoming pregnant shortly after high school, she was no longer eligible to join.

With her career plans in turmoil, Smith realized she needed a secure job to take care of child.

She chose nursing. And after graduating from MCC, Brockport, and St. John Fisher College, Smith has a job that she is passionate about. And Smith says her greatest achievement was "getting my education while raising my children,"

With the new career, she never lost sight of her passion for physical fitness. Outside of work, Smith likes to go to the CrossFit ambition (which she owns and works out at one-two hours daily).

Smith never planned on owning her own gym. She was a member first, always active and working out. So when the previous owner offered to sell it to her, she thought, "Why not?"

Her gym is close to home and she enjoys being there.

Smith feels that it is important to stay in shape to be able to perform everyday activities as you get older because these same activities will get more difficult to if you're not in shape.

Along with her full-time job and business, Smith loves to spend time with her family Hiking, playing outside and going to the park are just some of the many things that she enjoys doing.

If you ever feel overworked, downhearted or overwhelmed, just think about Gena Smith: with a career, business, and family to take care of, you always see her here at Wilson High School, ready to help, with a smile.

There must be something to working out and exercising.



Full-Time Educator, Part-Time Singer

September 6, 2019



Fatuma Abdi
Wildcat Times
Correspondent

When not teaching code or encouraging her students, Mrs. Blanco, computer science teacher here at Wilson Magnet High School, sings in a contemporary band and in a church choir.

Blanco mostly performs during Sunday services. At her church, while they do perform traditional hymns, Blanco and her band perform modern songs.

This is not a usual church band, Blanco says that it has, “drums, guitars and more.”

She adds, “We don’t only sing gospel music or traditional church songs. We play modern music. Not rap but modern, church music.” With her interest in modern music, she gets a taste of the music her students are into today.

Blanco believes that being part of the band helps her to help her strengthen her belief. The strength she gains helps to motivate her on a day-to-day basis.

This motivation also helps her to connect and bond with her students.

She practices and prepares just like students would when studying for a test.

On top of that, she sings in class, sharing the list of songs that she performs with her students, allowing them to express their feelings about her music.

Because of her musical background, Blanco sees the importance of music in others’ lives and allows her students to play music class.

After school, you may often hear music coming from her room while she prepares herself for evening.

Music has become a major focus in Blanco’s life. She routinely sings with her family before and after her concerts.

The inspiration that Blanco receives while performing affects her motivation to work with the band, her willingness to be a member of this church, and opens up new ways to connect with students here at Wilson High School.

Sometimes your hobbies can have a major impact on your life. Just ask Mrs. Blanco, she’ll tell you a story from a song in her heart.



Making Hometown Customs into a Way of Life

September 6, 2019



Ycniug Goodson
Wildcat Times
Correspondent

Ms. Daiuto is a Spanish teacher here at Joseph C. Wilson High School but, like English, Spanish is not her native language. Until moving to the United States, Ms. Daiuto spoke Italian in Faetp Puglia, Italy.

Before moving to Rochester, in the middle of the winter in February of 1970, she lived in Italy until she was nine years old.

Before Daiuto moved to Rochester, she lived in the highest point of the mountains of Faeto. Her hometown was famous for prosciutto—an Italian cured ham for people who were sick

Her parents were farmers and owned a lot of land. But Daiuto says, “farming was the worst. It’s boring.”

When she was younger, it was hard for her and the family to maintain the farm because they were the only ones left to work it.

Foreign languages (other than Italian) were important in Faeto. France sent her money to keep the French language alive there.

In Faeto, they spoke French, a dialect most Italians do not understand. The dialect was taught first to the children before the Italian language

She was fluent in Italian and French but, when she arrived to the U.S., she did not know any English.

Daiuto learned to speak English in a catholic school where most of the nuns spoke Italian.

To come to the U.S., Daiuto’s grandmother bought the family visas. Here, her and her brother were the first grandchildren to graduate college.

And, since she lived in Italy, she had hot summer holidays.

She owns a whole house there and visits every two years. She say she like the easy going lifestyle and the afternoon get togethers with her family and friends.

Daiuto has two daughters that are biracial—some of her family members in the ‘old country’ don’t like that and don’t go along with it.

But her daughter’s sometimes like to joke around with it and call themselves “Pastafarians.”

Although her family in Italy has some concerns, not all Italians are that way. Even though her daughters are first generation American. Her oldest is engaged to a nice Italian boy over in Italy.

In the end, her education in languages (that started in Faeto) turned into a career in the U.S. Where she raised her family. But she also had other motives: Daiuto says: “When I lived [in Italy] after college, I pretended that I didn’t speak Italian. That way, I could ride the fast train back and forth without paying the extra fee.”



A Global Education



Tansanika Moody
Wildcat Times
Correspondent

September 6, 2019

Mr. Meise loves to travel around the world when he is not teaching a math course or explaining a better technique to pass a volleyball at Wilson.

During school breaks, Meise travels outside of America. Each trip is somewhere he has yet to visit.

Meise has always been interested in other cultures. He had heard stories about how beautiful the world is from so many people of different cultures here in America that he had decided to go see it for himself.

He and his family have enjoyed these trips where they felt set free from their everyday thoughts. Wherever he travelled, people made them feel welcome, were very friendly and asked many questions about their lives.

Meise says that diversity is embraced differently in other countries than here in Rochester. Visiting other countries made him realize that the people in America seem to fear being different. In other countries the people live free and are proud of who they are.

Traveling showed Meise areas of the world filled with great wonders that left him with memorable experiences he could not have back home. These experiences made him feel lucky to have the chance to see them.

As the time approaches for each of his trips, Meise says that he feels excited all over again as if it was his first trip.

He did not want to limit himself to just visiting other states in America so, over the years, Meise has traveled to Honduras, St. Thomas, Bahamas, Puerto Rico, St. Lucia, London, Ireland and Australia.

Each country was unique and he always made sure to collect something for memories. Many of these trips were once in a lifetime experiences that Meise can relive when looking at his souvenirs.

During his last trip was to Austria, Meise enjoyed touring Mozart's house. He said that, "it was fun learning about the famous composer," and added, "it was cool being in the house where a famous person had once lived."

Along with Mozart, the Meise's were able to tour Austria's salt mines and drink handmade beer from Austrian monks.

The world is filled with many diverse and interesting places and Mr. Meise would like to experience them all.



The Roc Compared to NYC

September 6, 2019



Jeremy Allen
Wildcat Times
Correspondent

Wilson's English teacher, and our senior class advisor, Mrs. Whelen is an indispensable staple here in the Wilson community. But before coming here, Whelen taught at many different schools including a school in Brooklyn called Canarsie.

Canarsie was a lot different from Wilson from the way things were run, its surroundings and environment.

Canarsie had about 3500 students—a lot when compared to Wilson's current enrollment of 766. With so many students, the administration had to be very strict and didn't tolerate many infractions. The school staff and administration worked very hard to protect and keep the building safe.

Canarsie had about fifteen security guards who monitored the schools while the 10 deans were in charge of discipline problems and suspensions. While Wilson has eight sentries, only three administrators handle discipline.

But, with so many students, Canarsie had to have safety devices in place, such as riot gates, in times of need. While Wilson uses a camera system with sentries stationed around the building to quickly respond to situations, Canarsie would use riot gates to shut down the school, maintain control, and to protect the students.

While here at Wilson, neighborhood problems do spill into the school from time-to-time, the environment surrounding Canarsie was not very safe at all. They had a very serious gang around the neighborhood such as the national Bloods and Crips gangs. These groups caused a lot of tension in neighborhoods.

While there is a dress code here that seems strict, Brooklyn's was worse. Students were very limited with what colors they could wear because, in their neighborhood, they could be jumped or killed for wearing the wrong color.

According to Whelen, the gang violence really started to get out of control in the 90's. Canarsie was known to be a Crip school because of the neighborhood it was located in. But when rival gang members started to transfer in, it caused a lot of problems.

Fights began to break out every day making it difficult for other to learn or even feel safe.

While to not the same extent, the area outside of Wilson can be just as dangerous.

While there are many differences between the schools, one lesson is similar and very important: be aware of your surroundings (in the neighborhood and in school), be mindful of your actions, and know the make-up of areas before you enter.

Most important, be safe.



An Instant Party

September 6, 2019



Laila Suliveras
Wildcat Times
Correspondent

Ms. Railey, English Teacher here at Joseph C. Wilson High School has a huge family.

She has a total of six kids, making one big family.

She loves her kids and they are a pretty tight and close happy family. Though they may be apart at times, it's always a party when they come together for birthdays and holidays.

Her kids, from oldest to youngest, are 27 year old Nadyne, that is married with two kids; 26-year-old Sophia; 23-year-old Pierson; 18-year-old Jameson; and the two 12-year-old identical twins Alina and Bella.

She did not expect to have so many kids—she thought she would have just four. The twins were a surprise that Railey did not know she was having until her doctor saw them in a sonogram.

She was shocked and screamed in excitement when she found out she was having twins instead of one baby. She says, “Having twins is special,” and that they’re, “surprisingly they are very similar.”

Railey states, “There is never a dull moment with all the kids.”

Her family is very close and, in fact, she isn't the only person in her family to have so many kids. Her mother also had eleven so her side of the family tree is larger than average.

Having such a big family kept her busy. All her girls did ballet, Jameson played soccer and Pierson did crew (also known as rowing.)

She enjoys watching her kids grow and the joy that comes with it for her passion and love for kids.

Since her oldest kids don't all live together in the same state, they go out of town to visit each other often. She loves having older kids that she can go on vacation with and go out with.

She also adds that when they get together, “we make our own party.” When they get together her kids bring their girlfriends and boyfriends and, since there are so many kids, there is no need to invite others.

She loves her big family, enjoys the company, and her passion is for the kids that she loves and adores.



Cast Away Your Troubles and Go Fishing

September 6, 2019



Keonshae Grayson
Wildcat Times
Correspondent

The 2016-2017 school year has brought a passionate and dedicated art teacher to Wilson Magnet high school. When Mr. Camp is not dedicating his time to teaching, he can usually be found engaging in his first love—fishing.

Fishing is an activity Camp has enjoyed since he was 5 years old, beginning in the backyard of his grandparents' house by a creek.

Camp feels that this activity brings out a different side of him as he's more calm and relaxed while he fishes.

Fishing is a wonderful activity that relieves stress, creates social bonding, and supports the economy.

Fishing is a great stress reliever. When you get a bite, it's an activity that pumps you up and makes you feel good.

Fishing is a great way to spend time with friends and loved ones. While fishing, you have plenty of time to enjoy one another's company without many of life's modern-day distractions.

This activity also supports the economy with the U.S commercial and recreational fishing industries. Buying tackle supports businesses while selling your catch at the markets or restaurants is a great way to make money.

As a child, Camp lived in the country where he was super bored. This boredom led him to a creek near his home where he found his love of fishing.

At the age of eleven, Camp caught a 42-pound salmon. This catch, which was one of the biggest fish he has ever caught, still stands out as a great accomplishment in his life.

To this day, Camp still goes out to the lake to fish. Most of the time, he sells his catch as a side business.

Patience is the key to fishing. It is not a given that you will catch a fish each time you go out. If you stay calm, let the fish come to you, focus on your technique all the while enjoying the outdoors—it is hard to think of a better way to release stress.

Camp has caught sunfish, bass, salmon, and other types of interesting fish.

So when you see Mr. Camp and notice the often-worn smile, you can bet that he just returned from a great weekend of fishing.



The Other Side of Mrs. Monk-George

September 6, 2019



Courage Nou
Wildcat Times
Correspondent

Mrs. Monk-George (aka G-Money) is a living environment teacher at Wilson that is known by her offbeat teaching style and behavior. She makes her class fun and enthusiastic for students but has a different persona outside of school.

Because she acts “cool,” there are rumors floating around that Monk-George uses drugs, which, she says, “is totally false.” While Monk-George is extremely enthusiastic, she is far from a partier.

Monk-George describes herself as a very religious person. In fact, she is an active follower of Baha’i.

Baha’i teaches humans how to know and love god through prayers, reflection and your service to community. Some of the Baha’i practices are daily prayers, meditation, contemplation and fellowship with followers of all religions.

Baha’i faith was found in the 19-century by Bahá'u'lláh (ba-haa-ol-laa) in Persia and literally means “the Glory of God.”

While reading a bunch of articles about the Baha’i belief, Monk-George felt an instant connection. She felt like it was something for her and it was a good feeling that went straight to her heart.

In this belief, no one is “above” anyone else in the community

She said that the Baha’i belief makes her see the world in many different ways and shows her the reason why that she is a part of this world.

Along with teaching at Wilson, she teaches children in a Baha’i class where kids have fun while completing community service projects. The class also reads stories about Baha’i, memorizes prayers and discusses what the different quotes and writings mean.

Monk-George describes a frequent discussion about, “the source of courage and power is the promotion of the Word of God and steadfastness in His Love.”

Every month she hosts an event for her Baha’i community giving the people an opportunity to learn something new. Last month, she brought a professor from RIT to talk about the learning of science.

While she may be described as offbeat or different, Monk-George uses natural methods to enjoy life by helping others while finding her own way.



Filling Your Bucket

September 6, 2019



Corri'yonna
Brock
Wildcat Times
Correspondent

Some people put together the things they would like to accomplish in life before they die—they call it a bucket list. Mrs. VanDerwater, our principal, has one of her own.

The term 'bucket list' may sound a bit sad or tragic but, really, it is a great thing to have. This chocked-full list can help you keep track of and accomplish your life long goals before you kick the bucket.

When she has the time she's either traveling or finding somewhere to travel.

While VanDerwater has been to a good amount of places around the country, her main focus is traveling abroad. She has been to Mexico, Canada, the Dominican Republic, Saint Lucia, Aruba, London, Paris, the French Riviera, Monaco and much more.

The places she has traveled are very different from the region she normally lives in. From the weather to the overall culture, each stop has its own unique personality.

Traveling to these faraway places gives VanDerwater a sense of how others live in different parts of the world and she loves to see and experience other cultures.

VanDerwater has done very much but is not done yet—there are still things she hopes to cross off the list while she has the chance.

VanDerwater would like to spend some time in Italy and Hawaii, cruise to Alaska, and take a vista ride on a mule through the Grand Canyon with her family.

Finally, VanDerwater would like to create a new culture of her own. After retirement, she would to buy a house on Keuka Lake for her and her family

While she has checked-off a lot of the things on her bucket list, VanDerwater is always up for exploring new cultures and experiencing all this world has to offer.



Loveless's Love for Snowshoeing

September 6, 2019



Joelee DiGiacco
Wildcat Times
Correspondent

Wilson High School students may know Mrs. Loveless as our art teacher but may not know that she pursues an interest in snowshoeing outside of her classroom.

Snowshoeing is where one travels wearing snowshoes--these are wide foot gear that disperse the wearer's weight, allowing them to be able to walk on deep snow without sinking.

Loveless generally likes the outdoors and enjoys snowshoeing because it is a time where she can spend with her family without any distractions.

Snowshoeing makes her understand and appreciate the outdoors because she now knows that it is a good opportunity to relax and enjoy herself.

Loveless added that she no longer dreads exercise during the wintertime. With the availability of snowshoeing, she now has a good exercise routine.

Snowshoeing provides a cardio workout, while also building strength, balance, and endurance.

Loveless loves the fitness aspect of snowshoeing because it is a way to go outdoors and enjoy the environment while getting an intense workout. She states, "You can't beat the scenery and peacefulness that comes with snowshoeing."

In the summer, Loveless finds trails that are used for hiking and then comes back in the winter to use those same trails for snowshoeing.

This activity is useful all year for her, which is beneficial because it helps her relax and get her mind off stressful situations.

Loveless uses snowshoeing as a way to reconnect with nature and have that exposure to everything the outdoors has to offer. With the experiences that she has shared while being in the environment, she feels like a more grounded person.

Loveless recommends that everyone should try snowshoeing at least once in their lifetime to gain a new perspective of what the outdoors can really be like.



Did I do that?

September 6, 2019



Lavasha Perez
Wildcat Times
Correspondent

We all know Mr. Burns as the laid back gym teacher at Wilson but we don't know that, outside of school, he is a nature enthusiast who loves to hunt and be one with mother earth.

What started off as a simple lovers' get away turned into a trip to the hospital.

On February 26th Burns and his girlfriend, Jenny, went on an adventurous skiing trip to Bristol Mountains outside of Canandaigua.

Jenny is an experienced skier, she competed on her high school skiing team but hadn't skied in over twenty years.

For a large portion of the day Burns and his girlfriend were skiing down beginner hills, on the green trails which consisted of slopes with gradual inclines. Burns was tired of the simple slopes and wanted to test their skills on an intermediate level.

Jenny was a bit hesitant at first but, after Burns turned-up his boyish charm, she decided to go along with him to the more difficult slopes on the blue trails.

This is where the trip took a turn for the worse.

Jenny led the way as she effortlessly glided down the slopes as if she had been skiing her whole life.

The slope was very steep so she began to gain more speed than she had bargained for.

She knew that, because of the pace she was going at, she would not be able to stop herself with the ski poles. So her only option was to try and land a fall.

She tried to use her arms to soften the fall but that's what brought about a trip to the emergency room—she broke her right humerus bone.

Burns feels like he's the blame for what happened to his girlfriend.

Now you may wonder, "How is it his fault?"

Well, in all honesty, Burns was the one who convinced her to go down the intermediate slopes and if they had stuck with the beginner slopes this would not have happened.

Luckily Burns has a lovely girlfriend who does not blame him for her fall. Jenny actually took responsibility stating that, "I am an adult and ultimately I chose to go down the slope. No one forced me to."

One lesson that everyone can take away from this story is taking responsibility for your own choices is a fundamental characteristic to have.

So the next time your boyfriend pushes you down a ski slope think, "What Would Jenny do?"



The Real Wildlife



Shaliyah Whitaker
Wildcat Times
Correspondent

September 6, 2019

Mrs. Post is not only a science teacher here at Wilson Magnet High School, she also studied and helped the wildlife in our area.

Before working at Wilson, Post traveled around the New York State for ten years helping and rehabbing injured animals, relocated them back into the wild.

Post helped to rebuild the population of endangered species by transporting these animals back to their habitat. She often helped turkeys, bobcats, eagles, hawks and other predators as-well-as prey. Post also worked with the much publicized falcons at the Kodak Tower located in Rochester NY—she helped to return them back to their nests.

To help repopulate, Post used to mate-bond, or pretend to be the animals mate, with different species. At one point, she mate-bonded with a turkey vulture saying, "...he would come down and sit on my head as if I was his mate." Post adds, "it was funny and adorable."

While Post has been instrumental to releasing and repopulating endangered animals, some couldn't be released. These animals were taken to schools to teach children about conservation and wildlife.

Post is interested in wildlife and helping makes her feel like she made a difference and excited to be involved. She adds, "I really like sharing with people who never witnessed the wild in full effect".

While Post enjoys working with the wild, she loves teaching just as much. She recalls her work with her mentor Jane Goodall, a well-known English primatologist. Throughout their work together studying wildlife, Post was very happy and admired Goodall. To be able to teach younger students is Post's way to pass her and Goodall's passion for wildlife on.

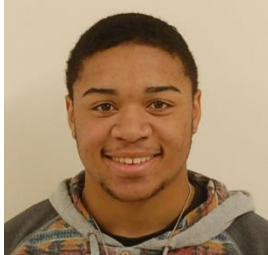
While being in nature is fun and exciting, it isn't always positive. Post warns about the dangers of climate change. If efforts are not made, she feels that it would hurt the population of these wildlife animals. And if these animals are effected, Post feels that climate change will affect our food services as well.

Our wildlife must be preserved and cherished. When approaching the unknown, we should respect and learn things before acting out of violence and fear.



Want to Hear Something Scary?

September 6, 2019



Joshua Sanks
Wildcat Times
Correspondent

You move into a house that has demonic symbols painted on the walls. Do you go on living there? Or do you call your realtor?

Mrs. Curtice, teacher here at Wilson Magnet High School, decided to stay.

Many odd things started to happen shortly after she moved in.

It all started after she and her husband found a painting of an eye with symbols around it in the attic.

Curtice would notice that lights would turn on in empty rooms. At first, she just thought that she was being absent-minded but soon, while her husband was at work, she would get the feeling of someone else being in the house. Watching her.

As time went on, and Christmas approached, she was home alone wrapping presents. Again she had the eerie feeling of someone in the room watching her but, this time while she continued to wrap presents, she heard foots steps running towards her. Curtice recalls, “It felt as if there was another person in my house running towards me,” but, when she turned around, no one was there.

She would tell her husband about these encounters when he returned home. He said that he understood and believed her but, since he had never witnessed anything himself, Curtice was worried that he was thinking that she was crazy.

All of these happenings made her feel paranoid, uncomfortable and unsafe.

The last straw happened one night while she and her husband were sleeping. She woke up in the middle of the night and found her husband in a fitful sleep. She could see his eyes moving under his eyelids, and assumed he was dreaming, but an uneasy feeling kept her from going back to sleep.

All of the sudden, her husband stood up in bed and yelled, “NOO!”

She quickly woke him up.

He said that he had a dream where a man was in the house, telling her [Curtice] to get a knife and stab him.

And in the dream she did.

Once she realized why he was screaming, Curtice said, “Nope. We have to get out of here. We have to move.”

And move they did.

Many people do not believe in ghosts and they maybe right.

But Mrs. Curtice does.

Either way, maybe next time you feel like something is watching while you’re home alone... you’ll tell yourself, “That was the cat,” “That was the wind,” or, “That was nothing.”

You might be right.

But maybe you’re not.

Darth Vader's #1 Fan



Jah'meir Robinson
Wildcat Times
Correspondent

September 9, 2019

Mr. Burns, an English teacher here at Wilson High School, is very interactive in and outside of school. He is able to combine his enjoyment for Star Wars and passion for public service into one.



Darth Vader is probably the most recognizable Star Wars character from the movie franchise and has been Burns' favorite character since he was three-years-old. He says, "It all started in the late seventies. I lived across the street from a library that had a life-size, cardboard Darth Vader. I asked for it and the librarian said no. I guess I got the last laugh."

Burns has been building his costume for the past year. He has purchased different parts from all around the world: pieces of his Vader have come from California, Argentina, England and many more places. With most parts having price tags in the thousand-dollar range, experts have to be found throughout the world to help make the costume as close to screen accurate as possible. Burns says, "There is a demand but it's not too big. You have to search to find artists that create quality things."

In November of 2016, Burns applied to become part of 501st Legion. The organization's goal is to bring many costume enthusiasts together while trying to make more people take an interest in the Star Wars franchise. Burns stated, "The 501st is the biggest costume organization in the world. They pride themselves in movie accuracy and all events are not-for-profit."

Since being a recruit for the 501st, he has trooped for the Pirate Toy Fund at Eastview Mall, for a local children's hospital at an Albany Devils game, and escorted a young lady to center ice to drop the puck at the Rochester Amerks Star Wars Night where he trooped for the Golisano Children's Hospital.



The 501st troopers are perfect for bringing attention to an event and many sporting teams enjoy adding 'Star Wars Night' to their schedule noting that it is usually their most attended game for the year.

Trooping is voluntary so the characters do not get any kind of compensation. If a person insists on paying, the 501st asks that they donate to the charity they are trooping for that night.

While he doesn't receive pay, Burns still gets a lot from being a member of the 501st. "You get to see a lot of the behind-the-scenes at events and it's just fun to dress up as Darth Vader. A lot of smiles, everyone wants to take pictures with me and I feel like a rock star."

While Mr. Burns does help raise money for charity, his first love is Darth Vader. "Many people give me strange looks when I tell them what I do. All I know is that my eight-year-old self would think that I'm the coolest guy in the world!"