



October 2018

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October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 C-Day Breakfast: Oatmeal Bar Lunch: Cobb Salad Chicken Nuggets School Activities: Boys V Soccer Girls V Tennis	2 D-Day Breakfast: Cheese Omelet Pita Lunch: Empanada Buffalo Chicken Wrap School Activities: Boys V Soccer JV Volleyball M & V Football	3 A-Day Breakfast: Beef Sausage Sandwich Lunch: Chicken Sandwich Italian Chicken Salad School Activities: Girls V Tennis	4 B-Day Breakfast: Breakfast Pizza Lunch: Sub BBQ Chicken Salad School Activities: V Volleyball	5 Superintendent's Conference Day No School School Activities: Boys V Soccer	6 School Activities: JV & V Football
7	8 Columbus Day No School	9 C-Day Breakfast: Grape Filled Crescent Roll Lunch: Pizza Salad School Activities: Boys V Soccer JV & V Volleyball	10 D-Day Breakfast: Egg & Cheese Sandwich Lunch: Chicken Flatbread Sandwich Southwest Chicken Salad School Activities: M Football Boys V Soccer JV & V Volleyball	11 A-Day Breakfast: Pancakes Lunch: Beef Chili Italian Vegetable Salad Parent-Teacher Conferences PSAT School Activities: Boys V Soccer Girls V Tennis V Volleyball	12 B-Day Breakfast: French Toast Crackers Lunch: Falafel Salad Buffalo Chicken Pizza School Activities: Boys V Soccer JV & V Volleyball	13 School Activities: V Football
14	15 C-Day Breakfast: Apple Bar Lunch: Cobb Salad Chicken Nuggets School Activities: Girls V Tennis	16 D-Day Breakfast: Cherry Frudel Lunch: Falafel Salad Italian Vegetable Salad Blood Drive School Activities: M Football JV & V Volleyball	17 A-Day Breakfast: Beef Sausage Sandwich Lunch: Grilled Chicken Wrap Italian Chicken Salad School Activities: Girls V Tennis JV & V Volleyball	18 B-Day Breakfast: Cheese Stuffed Sandwich Lunch: Southwest Chicken Salad Italian Vegetable Salad School Activities: V Volleyball	19 C-Day Breakfast: Cinnamon Breakfast Round Lunch: BBQ Chicken Salad Mexican Pizza School Activities: V Volleyball	20
21	22 D-Day Breakfast: Apple Benefit Bar Lunch: Buffalo Chicken Salad Popcorn Chicken	23 A-Day Breakfast: Cheese Omelet Pita Lunch: Cobb Salad Meatball Sub School Activities: M Football	24 B-Day Breakfast: Egg & Cheese Sandwich Lunch: Stuffed Shells Chicken Wrap	25 C-Day Breakfast: Southwest Breakfast Slider Lunch: Hamburger Southwest Chicken Salad	26 D-Day Breakfast: French Toast Crackers Lunch: Falafel Salad Soft Tacos	27
28	29 A-Day Breakfast: Assorted Cereal Lunch: Cobb Salad Chicken Nuggets	30 B-Day Breakfast: Assorted Cereal Lunch: Buffalo Chicken Wrap Bean & Cheese Burrito School Activities: M Football	31 C-Day Breakfast: Assorted Cereal Lunch: Chicken Sandwich Italian Chicken Salad			

October Monthly Horoscope

Aries (March 21- April 19)

Even though your mind might be preoccupied with your own personal issues, don't be afraid to put them on the back burner and focus on other things for a little while. There's nothing wrong with worrying about yourself but don't forget to take breaks often to reduce stress.

Taurus (April 20- May 20)

Things might be going negatively for you in life right now but don't give up. Try to fight harder because the end result will be so impactful and positive. Things we go through in life are purposeful so don't give up just yet.

Gemini (May 21- June 20)

Don't be afraid to think things through for long periods of time. Certain situations need more time to process so don't feel like you need to make a decisions right away. In the future, try to be completely certain and comfortable with any decisions you make. It will ease your mind in the long run.

Cancer (June 21-July 22)

It's ok to be the bigger person. Some people won't understand why you say and do certain things, and that's not up to them to understand, but that's ok. If you know you're in the right then take the rest with a grain of salt. You know your worth so don't waste time and energy on people who don't understand.

Leo (July 23-Aug. 22)

Someone around you might be calling out for help. Certain people in your life suffer and are silent with their feelings. Don't be afraid to reach out to people and ask them if they're doing alright because they might need you and you didn't even notice. Your impact on people will be strong and noticeable.

Virgo (Aug. 23-Sept. 22)

Situations you might go through are not meant to be perfect. There are trials and tribulations that you may have to go through. Understand that somethings are out of your control and cannot be perfect. Don't let imperfections cause you stress. Your time is more valuable.

Libra (Sept. 23-Oct. 22)

Don't blame yourself for things you can't control. Stop giving yourself the losing end of the stick, because it will only bring negativity to your life that you don't need. Look at the positive aspects of yourself in every situation and give yourself the benefit of the doubt.

Scorpio (Oct. 23-Nov. 21)

Don't let that all the hard work you do overwhelm you. A strong work ethic is never a bad thing to have but don't feel like that's all there is to you or feel as if it's a competition. Take breaks and time for yourself often because you deserve it with all your hard work.

Sagittarius (Nov. 22-Dec. 21)

Try not to feel like you have to be painfully straightforward with every situation. There is nothing wrong with showing your personality through your emotions. It shows how unique you truly are.

Capricorn (Dec. 22-Jan. 19)

Open your mind up to new possibilities. Don't always feel the need to be cautious because it might hold you back from a new experience in life. It's always ok to try something new in life.

Aquarius (Jan. 20-Feb. 18)

Your futuristic thinking and independence makes your company extremely valuable, but try not to get upset when the focus isn't on what you think it should be, not everyone understands why you think the way you do.

Pisces (Feb. 19-March 20)

Due to your in and a million personality and caring nature, you may bring a person in your life who's from the wrong crowd. Be cautious and, if someone seems off, trust your gut.



Cadeejah Tanksley
Wildcat Times
Correspondent



What is Spirit Week?

October 4, 2018



Laila Suliveras
Wildcat Times
Correspondent

Spirit week is a week of fun, a way to express yourself through the different themes, and to show school pride.

Before spirit week starts, kids vote on which themes they think that people would want to do. This makes it fair: the students have a say in what they want their week to be every day—making it fun and entertaining for others.

Abigail Quinones, a junior here at Wilson, says, “Spirit Week is special because you can do fun things with your friends and express yourself.”

Monday was animal prints. This could be a way to express your favorite animal to everyone.

Tuesday was crazy hat day—an expression of your silliness and creativity.

Wednesday was superhero and villains day—showing the good or bad side of yourself.

Thursday was throwback day—a day to feel like a child again by wearing a similar outfit you wore in elementary or dress up like people from the 60-90s.

Lastly Friday was the pep rally, a day where you show off school pride and colors.

All of these themes have different meanings and reasons behind them.

In the pep rally, we do all kinds of different activities such as teachers playing against each other in basketball which can be very funny and entertaining to the crowd.

There is also have a competition with every grade where the spirit stick is awarded to the grade that shouts the loudest when it passes.

To identify who won, there are science teachers who use scientific materials to do trials and record how loud the students are. This helps keep students from hitting heads with each other because it can get competitive.

Many students believe that it tells you who the best class or grade level is. But the spirit stick is a way to show off school pride and hype up the crowd.

The pep rally is to motivate and hype up the homecoming game that is going to take place.

In the pep rally, the cheerleaders put on a show for the school to show their cheers.

The step team does the same as well, they show off their steps to represent what good of a school we are to all the staff and students.

Spirit week is just a time to show off our pride of being here at Wilson!



Making Hometown Customs into a Way of Life

October 4, 2018



Ycniug Goodson
Wildcat Times
Correspondent

Ms. Daiuto is a Spanish teacher here at Joseph C. Wilson High School but, like English, Spanish is not her native language. Until moving to the United States, Ms. Daiuto spoke Italian in Faetp Puglia, Italy.

Before moving to Rochester, in the middle of the winter in February of 1970, she lived in Italy until she was nine years old.

Before Daiuto moved to Rochester, she lived in the highest point of the mountains of Faeto. Her hometown was famous for prosciutto—an Italian cured ham for people who were sick

Her parents were farmers and owned a lot of land. But Daiuto says, “farming was the worst. It’s boring.”

When she was younger, it was hard for her and the family to maintain the farm because they were the only ones left to work it.

Foreign languages (other than Italian) were important in Faeto. France sent her money to keep the French language alive there.

In Faeto, they spoke French, a dialect most Italians do not understand. The dialect was taught first to the children before the Italian language

She was fluent in Italian and French but, when she arrived to the U.S., she did not know any English.

Daiuto learned to speak English in a catholic school where most of the nuns spoke Italian.

To come to the U.S., Daiuto’s grandmother bought the family visas. Here, her and her brother were the first grandchildren to graduate college.

And, since she lived in Italy, she had hot summer holidays.

She owns a whole house there and visits every two years. She say she like the easy going lifestyle and the afternoon get togethers with her family and friends.

Daiuto has two daughters that are biracial—some of her family members in the ‘old country’ don’t like that and don’t go along with it.

But her daughter’s sometimes like to joke around with it and call themselves “Pastafarians.”

Although her family in Italy has some concerns, not all Italians are that way. Even though her daughters are first generation American. Her oldest is engaged to a nice Italian boy over in Italy.

In the end, her education in languages (that started in Faeto) turned into a career in the U.S. Where she raised her family. But she also had other motives: Daiuto says: “When I lived [in Italy] after college, I pretended that I didn’t speak Italian. That way, I could ride the fast train back and forth without paying the extra fee.”



Come Out & Play

October 4, 2018



Chanell Jones
Wildcat Times
Correspondent

When did violence become entertainment?

Violence is on television, the internet, in schools, in jobs...it's even reaching places where people come together to have a good time.

Violence is behavior involving physical force intended to hurt, damage, or kill someone or something.

And this is what people take out there phones to video record.

There was a brawl that broke out at the East vs. Wilson football game that was held at the Marina Auto Stadium on September 15, 2018.

Football games between the two rival schools are very intense but it's unfortunate that the event was used to cause many people to get hurt—both physically and emotionally.

Several fights broke out during the second quarter of the game ending with a teen with stab wounds and three arrests. Because of the violence, this game was stopped at half time, with Wilson ahead by three points, and postponed.

The day ended with both teams' players exiting the field, hanging their heads low, because of others' actions that didn't have anything to do with the game.

And, over two weeks after the incident, the game was concluded October 3rd, East defeating Wilson (who was winning the game at the time of the stoppage) by one point.

In the aftermath of the fights, changes were made to the attendance policy at sporting events. Students have to have an ID and wristband while everyone else has to be eighteen or older.

William Griffin, School Safety Officer at Wilson High School, says that other changes have been made in how the event is staffed. He states that safety staff has doubled and the new policies, "will not allow certain people to enter the premises."

Griffin adds that the most important thing is, "Having relationships with the kids. Most respect comes with relationships."

This will keep the neighborhood problems from affecting Wilson, East, or their football teams in the future.

But, since the changes, attendance at the games has dropped drastically.

Yeniuq Goodson, junior here at Wilson, said, "Students don't want to go with their parents. They want to show out and do what they want to do."

While the new policy is keeping attendance down, spectators now get to enjoy games.

What's unfortunate, once the violent element is removed, it seems like people are uninterested in the games or other school events.



Not that Serious

October 4, 2018



Niya Elan Brock
Wildcat Times
Correspondent

Every month women all over the world go through their menstrual cycle. It's a pain in the butt and a real struggle to have them. However, in India women struggle too are treated badly for it.

200 million girls are not taught basic menstrual hygiene.

Nearly 90 percent of women use alternatives to sanitary napkins and tampons such as old fabric, rags, sand, ash, wood shavings, newspapers, dried leaves and hay.

63 million adolescent girls in that country live without toilet facilities.

Many menstruating women are forbidden from entering temples and touching food or other human beings. Some spend their periods in huts outside their homes.

Many people in India believe that menstruating women are polluted, so they are forced to leave their house during their periods. Each month, custom dictates that she must stay in the thatched hut (called gaokors) on the edge of a forest, sometimes on her own, or if she's lucky, with another women. Since the huts are considered public property, no one takes responsibility for their upkeep

Gaokors lack a kitchens since women who are menstruating are not allowed to cook. Those staying inside rely on family to bring them food and other items. Women usually sleep on the floor with just a thick sheet for a mattress, which is folded and used as a cushion during the day.

During the rainy season, it is all the more difficult to stay in a gaokar because water comes inside and sometimes the roof leaks.

Girls here our treated a lot different.

New York State has a law that all schools will provide supplies for periods in the bathrooms instead of asking the nurse. But even with health class and supplies out in the open, many still feel embarrassed for something over half the world's population deals with.

All girls are raised differently.

Girls that were not taught about periods will be more insecure and embarrassed.

Girls that were taught will be more confident.

These days parents throw their daughters period parties. Gena Smith, nurse here at Wilson says, "Many young girls often feel apprehensive about starting their period. For parents, period parties are about making the occasion something to celebrate, rather than fear."

Today, with information readily available on the internet, and a more open society, it's time to end the ignorance and stigma about having your period.