



## December 2015

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# January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 <b>New Year's Day</b>	2
3	4 A-Day <b>Breakfast:</b> French Toast Cereal <b>Lunch:</b> Chicken Nuggets Pizza	5 B-Day <b>Breakfast:</b> Pancakes Cereal <b>Lunch:</b> Vegetable Wrap Pizza  <b>School Activities:</b> JV & V Basketball	6 C-Day <b>Breakfast:</b> Egg & Cheese Sandwich Cereal <b>Lunch:</b> Hamburger Pizza	7 D-Day <b>Breakfast:</b> Waffles Cereal <b>Lunch:</b> Grilled Chicken Pizza	8 A-Day <b>Breakfast:</b> Bagel Cereal <b>Lunch:</b> Chicken Buffalo Pizza  <b>School Activities:</b> JV & V Basketball	9
10	11 B-Day <b>Breakfast:</b> Waffles Cereal <b>Lunch:</b> Popcorn Chicken Pizza	12 C-Day <b>Breakfast:</b> Sausage and Egg Sandwich Cereal <b>Lunch:</b> Chicken Fajita Rice Pizza  <b>School Activities:</b> JV & V Basketball	13 D-Day <b>Breakfast:</b> French Toast Cereal <b>Lunch:</b> Grilled Chicken Pizza	14 A-Day <b>Breakfast:</b> Turkey, Ham & Egg Sandwich Cereal <b>Lunch:</b> Chicken Parmesan Pizza	15 B-Day <b>Breakfast:</b> Yogurt Cereal <b>Lunch:</b> Tacos Pizza  <b>School Activities:</b> JV & V Basketball	16
17	18 <b>Martin Luther King Jr. Day</b>	19 C-Day <b>Breakfast:</b> Pancakes Cereal <b>Lunch:</b> Sloppy Joes Pizza  <b>School Activities:</b> JV & V Basketball	20 D-Day <b>Breakfast:</b> Sausage and Egg Sandwich Cereal <b>Lunch:</b> Breaded Chicken Pizza  <b>School Activities:</b> JV & V Basketball	21 A-Day <b>Breakfast:</b> Waffles Cereal <b>Lunch:</b> Breaded Chicken Pizza	22 B-Day <b>Breakfast:</b> Bagel Cereal <b>Lunch:</b> Cheese Pizza  <b>School Activities:</b> IB Senior Night JV & V Basketball	23 <b>SAT Exam</b>
24/31	25 C-Day <b>Breakfast:</b> Waffles Cereal <b>Lunch:</b> Popcorn Chicken Pizza	26 D-Day <b>Breakfast:</b> Sausage and Egg Sandwich Cereal <b>Lunch:</b> Turkey Burger Pizza <b>Regents</b>	27 A-Day <b>Breakfast:</b> Pancakes Cereal <b>Lunch:</b> Chicken Chili Pizza <b>Regents</b>	28 B-Day <b>Breakfast:</b> French Toast Cereal <b>Lunch:</b> Cheese Pizza <b>Regents</b>	29 C-Day <b>Breakfast:</b> Yogurt Cereal <b>Lunch:</b> Tacos Pizza <b>Regents</b> End of Marking Period 2 <b>School Activities:</b> JV & V Basketball	30



# December's Student of the Month

December 22, 2015



Dkyani Odum  
Wildcat Times  
Correspondent

Student of the Month is an honor and a reward where staff members show their appreciation for the students' good deeds.

At Wilson, teachers and staff look for students doing positive things. Each month, a student from each grade level is chosen to be Student of the month.

Students must exhibit certain traits in order for teachers and other staff members to recommend them. A student should show: a good attitude; earn good grade; be a good helper; show academic improvement; or just do something outstanding.

This is how students can become future Students of the Month.

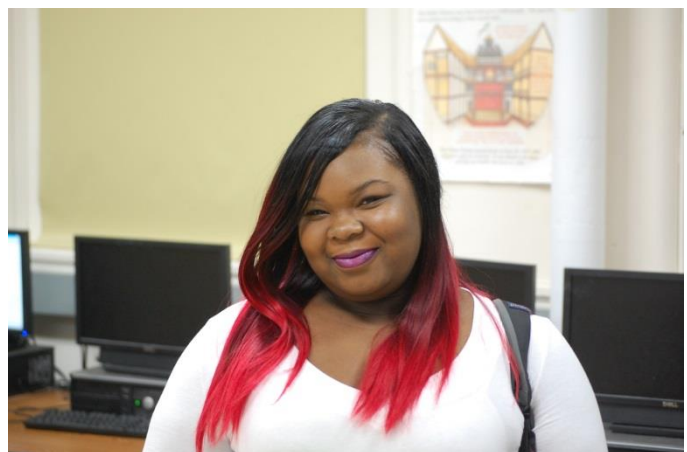
## Wilson's Current Student of the month:

### Shanise Williams

Shanise has been student of the month once before in her freshman year.

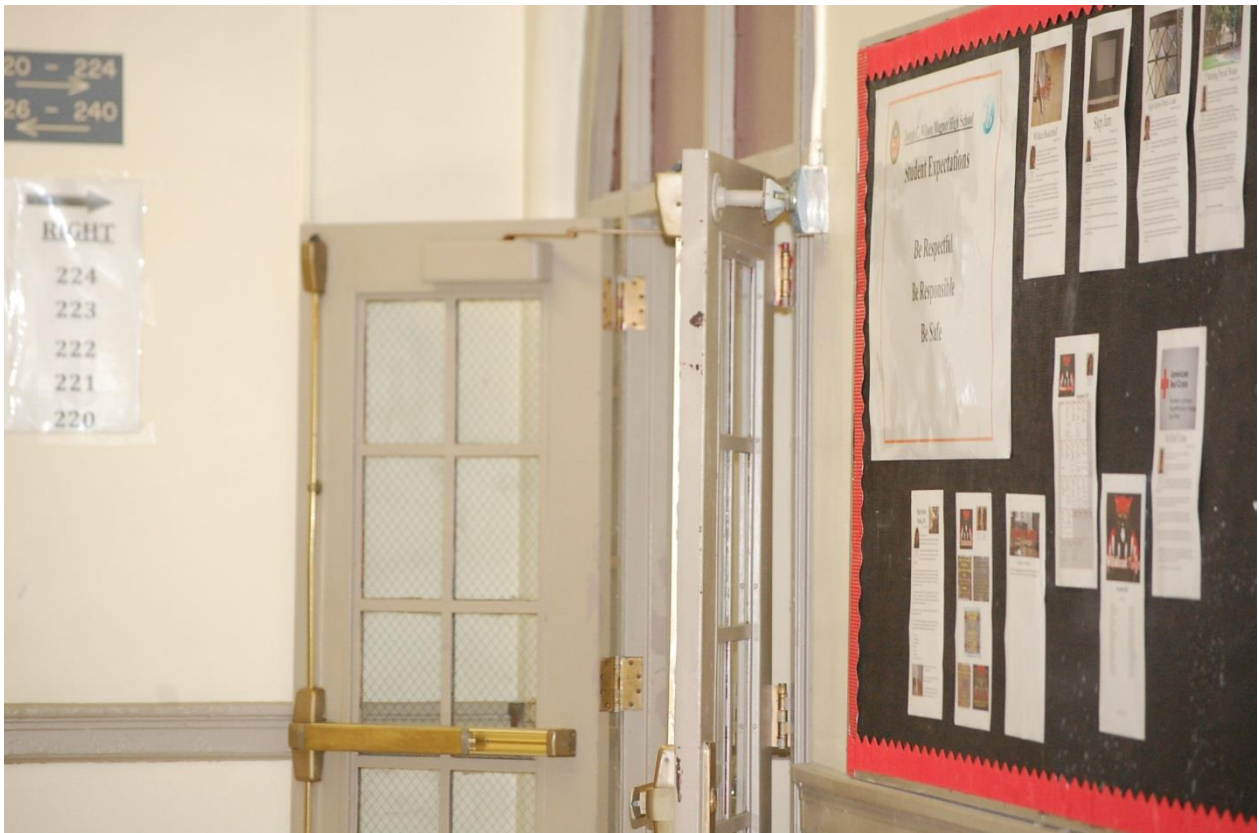
She states "I became student of the month by handing in every piece of work that was due, completing extra credit and being polite."

Shanise said that she feels "appreciated" after being rewarded with this title.



By doing everything expected, and contributing to the, Wilson community, you can become one of Wilson's future Students of the Month.





# Midterms

December 22 , 2015



Jordan Allen  
Wildcat Times  
Correspondent

Midterms are coming up before the end of January, which means, after Christmas break, it's time to start preparing.

Marking period two ends January 29<sup>th</sup> but it's good to start preparing early so you don't have to cram the night before.

Cramming confuses you, making you feel that you have too much going on in your head at once, making you forget the answer. It may even cause you to overthink the simplest of things.

Make sure that you don't procrastinate and study at least a week before midterms.

A good study habit is to test yourself or to have someone else test you. By doing this, you can see where you need to practice and highlight areas you need to improve. After taking the initial quiz and reviewing, test yourself again.

Good resources for studying are using class notes, reviewing any of your old tests that have been corrected, and creating your own version of simpler notes than what you took in class.

You want to avoid just reading your notes because it may feel like you aren't studying. It is important that you understand exactly what you are studying.

College.usa is a website that gives simple tips for students to prepare for their exams. It suggests that you review the key materials, review your notes regularly, and sum up your notes to make studying easier. On top of that, it advises you to avoid cramming the night before, make sure to eat and get enough sleep the night before the exam (you don't want to be fighting sleep while trying to take a test).

Most importantly stay relaxed and stay confident.

Following these strategies will ensure you to do well on your exams.



# The Center for Youth

December 22, 2016



E'laja Cray  
Wildcat Times  
Correspondent

The center for youth is a school based program that helps students with alcohol or addiction problems.

The Center for Youth was created by a group of students so local youth can have an organization just for kids and teens in 1971.

The Center for Youth helps homeless teens, provides runaway services, and counsels teens with drug and alcohol addictions.

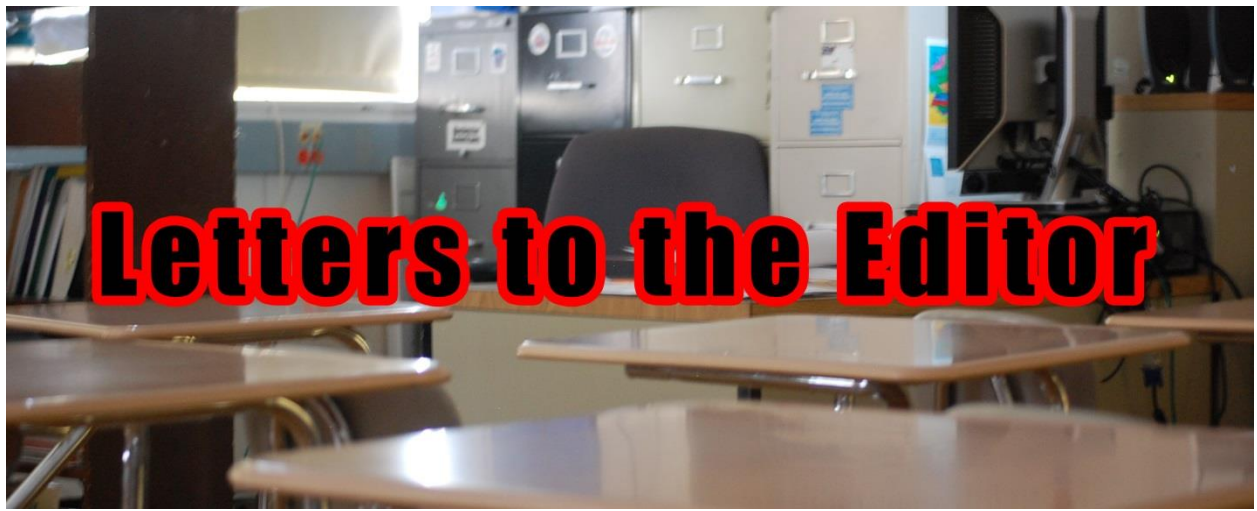
This program provides counseling to teens living with someone who has alcohol and/or drug problems and attempts to keep individuals from using drugs and alcohol.

Interventions are used to talk about how teens are exposed to drugs, what they can do to prevent abusers from getting them, and to get addicts to stop drug and alcohol use.

The Center for Youth is located in room 21. The school location is beneficial in that students can seek counseling without having to leave to go to an outside agency.

All sessions remain confidential.

If you are interested in the center for youth and/or are seeking counseling, see Ms. Jordan in room 21 between the hours of 8:30am to 3:30pm.



## Questions or Comments?

E-Mail them to [Don.Burns@rcsdk12.org](mailto:Don.Burns@rcsdk12.org) (please put letters to the editor in the subject line). Your letter may end up in future editions of the *Wildcat Times*





Alysia Faison  
Wildcat Times  
Correspondent



Breonna Usher  
Wildcat Times  
Correspondent

**Attention: Poets, Photographers,  
Writers, & Artists**  
**Wilson's Literary Journal is looking  
for YOU!**  
 Gather up your original writing, artwork, and  
 photographs and submit to  
**Room 200**  
 For inclusion into the 2015-2016 Literary  
 Journal

**Attention Students!**  
 Are you interested in joining the Outdoor  
 Club?  
 They take trips to Stoney Brook,  
 Letchworth Park, Hunt Hollow ski resort  
 and camping trips!  
 There's no signing up! Just stop in (room  
 320) to speak with Mrs. Dow after school.  
 Outdoor club crew meets the 2nd and 4th  
 Tuesdays of every month!

**Are you good at Math?  
Interested in joining the Math Team?**

- Monthly Competitions (upcoming matches):
  - December 8<sup>th</sup>
  - January 12<sup>th</sup>
  - February 4<sup>th</sup>

Anyone can join  
 See Mr. Meise in  
**Room 220**

You must have a parent permission slip signed in order to  
 participate at competitions.

**Interested in being apart of  
the year book?**

Interested in helping plan out and upload  
 pictures in the year book?  
 Yes?  
 Then the year book committee is the club for  
 YOU!

**The year book committee starts this  
December in room 208**

See Mrs. Whelen or Mrs. Neil-Adams  
 for further information

**Attention All Students  
EXTENDED DAY**

Subjects:

- English I,II,III (room 200 or 208)
- Spanish (room 120)
- Chemistry (room 026)
- Living Environment (room 304)
- Math (room 220)
- Global/Us (room 106)
- Personal Project/Comp. Sci (room 330)

Tuesdays and Thursdays  
 students can stay after  
 from 2:45 to 3:45 to get  
 the extra help they  
 need.

**SIGN UP IN THE  
MAIN OFFICE**

Enigma Entertainment Presents ///

**Step UP!!!**

SPRING INVITATIONAL  
**April 25, 2016**

Location:  
 Kodak Performing Arts Theatre

**STEPPING UP**  
 Against the Youth Violence

**TICKETS ON SALE NOW**